

How much does it cost?

A course of 4 treatments is £240. The appointments are 6 weeks apart. Included in the price is a Lamasil spray at each appointment and a Shoe Klenz (picture below) for a pair of your shoes during your appointment. The Klenz machine is key for killing any fungus or bacteria that may be in your shoes and socks.

If it is your 1st appointment with us there is an additional £10 for your initial assessment.



Can you guarantee that the Lacuna method® will work?

This is a relatively new treatment and although short-term studies have been very encouraging, no treatment can be guaranteed to be 100% successful.

How do I hear more about the clinic?

There are lots of ways for you to keep in touch with all of upcoming news at the practice:

- You can follow us on our social media channels: Walsh Podiatry
- You can subscribe to our newsletter at www.walshpodiatry.co.uk
- You can read our blog at www.walshpodiatry.co.uk/blog

How do I book an appointment?

You can book an appointment:

- By phone: 0121 749 6313
- In person: 329 Chester Road, B36 0JG
- Online: <https://walshpodiatry.co.uk/book-online>



329 Chester Road, Castle Bromwich, B36 0JG
0121 749 6313
reception@walshpodiatry.co.uk



Lacuna method®

A treatment for fungal nails

How do I know if I have a fungal nail?

A fungal nail can present itself in a number of ways. It can appear yellow/white or brown in colour and sometimes the nail can grow thick. In some cases part of the nail can become loose meaning debris can gather behind it. Sometimes, it can just appear as a patch and other times the whole nail can be affected. It can affect one or multiple nails on either foot.



Sometimes it can be tricky to diagnose as there are other nail conditions that can look like a fungal nail. We offer a test here which will confirm the presence of a fungus in just 5 minutes. If you are interested in this test you can book in with one of our Podiatrists who can complete this for you (Please note there is a £40 fee for the test in addition to your treatment fee). The test itself is very accurate and reliable and is the only test that can tell you in just 5 minutes if there is a fungus present or not.

What is the lacuna method®?

Fungal nail infections can be very difficult to treat as many topical treatments are ineffective at penetrating the nail bed and reaching the infection on the nail bed.

The lacuna method® involves drilling tiny holes into the nail with specially designed burrs. An anti-fungal spray (Lamasil) is then applied. The tiny holes in the nail plate allows the treatment to reach the infection that is on the nail bed. The spray is then applied daily.



Does it hurt?

As the nail is dead you cannot feel the holes being drilled.

What do I need to do in-between?

Daily application of Lamasil spray is required to treat the infection. As with any treatment for a fungal nail regular application is essential to get the most out of the treatment.



How many treatments do I need?

You can have a one-off appointment however a course of treatments are usually recommended. This allows regular treatment of the infection as the nail grows. Also, as the nail grows the tiny holes that have been drilled will also start to grow out. These holes will need to be re-drilled to allow the Lamasil spray to work effectively.